

Pastoral Notes

'Fixing Your Thoughts'
Philippians 4:8-9.

If you are over the age of 10, you have something in your life that can stand fixing. It may be your health, credit, or car. But have you ever considered that what also may have some breakage is your thoughts?

Your thoughts reflect the type of person you are.

Happy people have happy thoughts, funny people funny thoughts, evil people- evil thoughts. When your clothes,

what your flesh desires. The flesh wants you to focus on the one who lied on you but **the Spirit wants you to focus on the one who DIED FOR YOU.**

Fixing your thoughts takes time and practice. Having a knowledge of the right thing to do is good but actually **doing the right thing** is better. Then will **you begin to experience the true Peace of God.**

There's a song from the Mary Poppins movie that says 'just a spoonful of sugar

Key Sermonic Points

1. *You must avoid 'stinking thinking'*
2. *Focus on what God requires not what the flesh desires*
3. *If you want Gods peace, think Gods thoughts*

hair or make-up aren't right, you fix them. **When your thoughts aren't right, why not fix them?**

Bad attitudes and behaviors stem from negative thoughts. **When we change our thoughts to positive things, we begin to experience positivity in our lives.** Ever have a crazy thought enter your mind out of nowhere? That thought is from spirits of darkness to remove you from the spiritual light. **Start examining your thoughts, and when they don't line up with the Word of God, immediately remove it and begin to think of something good and pleasant.**

In our sin nature, our flesh tries to take dominion over us. You have got to **learn how to transform your mind to focus on things that satisfy what God requires and not**

helps the medicine go down'. Start with just a spoonful of love, purity, holiness. **Focus on being honorable, respectful and admirable.** The next time someone starts to get on your nerve or under your skin, think to yourself, 'just a spoonful of sugar helps the medicine go down' and **watch how you will begin to lighten your mood and shift your atmosphere.**

Visit our website, or get a CD, for more depth on this teaching.

Stay Blessed,
Pastor Robbie

Nuggets:

- "A bad attitude is like a bad tire, you can't go anywhere until you fix it."
- Fix your thoughts on what is right and not just what feels right.
- You need to be a doer of the Word. God wants to hear your **hallelujah** and see your **do-lleluia** (putting into practice what you've learned).
- Jesus can fix your health, finances or a hole in your soul. But you are the one who must fix your thoughts.