

## Pastoral Notes

'Shake it off'- Acts 28:1-5.

**“What happens to you isn't nearly as important as how you react to it”.**

People and things in this world will sometimes have a negative impact in your life. The event, however, is less important than how you respond to it. God will judge you not on what happened to you, but how you deal with it. Your response must align with his Word and not with your flesh.

People will push your

### Key Sermonic Points:

1. Don't let yesterday consume too much of your today
2. The real test often comes after the storm (after effects)
3. Satan wants you to focus on who's been stressing you and not who's been blessing you

buttons, test your patience and work your nerves. But **you must respond in love and holiness. In other words, you have to learn to 'Shake it Off'**. You have 24hrs in a day and if you choose to waste some on inconsiderate people, you won't be able to get that time back. Rather than dwelling on past pains, problems and people, enjoy the merriment of the moment. **Live today to the fullest regardless of what happened yesterday.**

When people hurt you, talk about you or otherwise

disappoint you, do like the apostle Paul and 'Shake it off'. Paul shook off a viper that clung to his hand. That viper represents your enemy the devil who seeks to get you to focus on those who are stressing you so you won't **focus on the one who is blessing you.** Whatever he brings your way, just Shake it off.

Dwelling on bad memories and carrying the baggage of a painful past never yields good results.

**We must learn to Shake Off the hindrances and**

**hurts to appreciate what God is doing right now.**

Storms will go but they will also go and the after effects can be more devastating than the storm. But when you trust Jesus enough to give him your burdens by Shaking off what is still trying to grab hold of you, **the joy of the Lord will become your strength.**

I encourage you to visit our website for the complete message:

Stay Blessed,

## Nuggets:

- Sometimes you have to learn to love people you really don't even like
- Don't waste a considerable amount of time on inconsiderate people
- Stay faithful and don't be conflicted by and tormented by a stormy past or a cloudy future
- You can't affect your past so why let it affect you
- In a heated moment, when you are hungry, angry, lonely or tired, is when Satan tries to grab hold of you.
- Make your savior your focus and not your situation.

Pastor Robbie